

**ANCIENT FUTURE**  
Group Life Conference  
September 27-29, 2007  
**COMMUNITY**

**Guiding a Group to Spiritual Maturity**

**Scott Vaudrey**

## **Scott Vaudrey**

Scott Vaudrey, Willow Creek's director of internships, received his B.S. from Whitworth College, his M.D. from the University of Washington, and his M.A. in transformational leadership from Bethel Seminary. Scott spent 11 years as an ER physician in Spokane, Wash., before coming to Willow. He has been married for 23 years and has five children: September (13), Samuel (16), Kate (18), Bethany (20), and Matthew (who is 22 and married to Andrea). Scott's passion is partnering with others in their journey toward spiritual and emotional wholeness.

## **Session Description**

Life change in small groups should be the norm. In the proper environment, average people come alongside other average people in redemptive ways. In this breakout, we'll examine the developmental strategies, disciplines, and resources that will help you facilitate spiritual and emotional transformation in a small group setting.

## A. Introduction

## B. Transformation

1. The goal of the transformational journey is \_\_\_\_\_.

2. When we are abiding, we are more:

\_\_\_\_\_ with Jesus

\_\_\_\_\_ Jesus

\_\_\_\_\_ on Jesus

3. Signs of transformation (from David Benner)

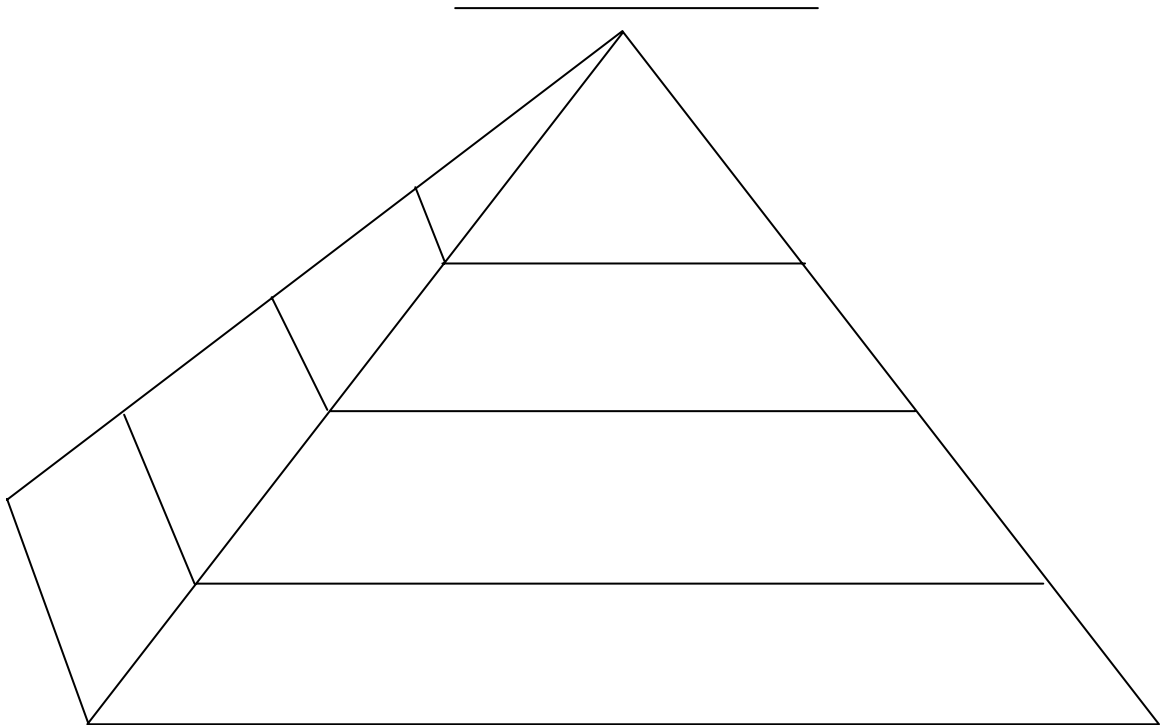
We will increasingly be:

a great \_\_\_\_\_

\_\_\_\_\_ and \_\_\_\_\_

our \_\_\_\_\_ in Christ

## C. Environment



## D. Strategies

Story and Holism

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## E. Disciplines

1. Typical intern small groups
2. Significant ingredients
3. Exercises
4. Books

## Suggested Reading

Dan Allender  
*To Be Told*  
*Leading With a Limp*

David Benner  
*Surrender to Love*  
*The Gift of Knowing Yourself*  
*Desiring God's Will*

Henry Cloud  
*Changes That Heal*

Richard Foster  
*Celebration of Discipline*  
*Prayer*

Brennan Manning  
*Abba's Child*

Henri Nouwen  
*In the Name of Jesus*  
*Life of the Beloved*

Peter Scazzero  
*The Emotionally Healthy Church*

Donald Whitney  
*Spiritual Disciplines for the Christian*

## Biblical Support for “Markers of Abiding” from All Four Quadrants

<b>Spiritual</b>	<b>Physical</b>
<p><i>Prayer</i> Matthew 11:25, 14:23b Mark 1:35b, 9:29 Luke 6:12b, 22:44 John 12:27, 17:1-26</p> <p><i>Silence and Solitude</i> Matthew 14:23a Mark 1:35a, 6:46 Luke 5:16a, 6:12</p> <p><i>Scriptures</i> Matthew 12:5, 22:29-33 Mark 1:22, 6:2 Luke 4:17-20</p> <p><i>Gathering/Teaching in Synagogue</i> Matthew 4:23, 9:35, 12:9, 13:54 Mark 1:21, 1:39, 3:1, 6:2 Luke 4:15-16, 4:44, 6:6, 13:10 John 18:20</p> <p><i>Fasting</i> Matthew 6:16-17</p>	<p><i>Healing</i> Matthew 4:23-24, 8:7-8, 8:13, 8:16, 9:35, 10:1, 11:5, 12:10, 12:15, 12:22, 14:14, 15:28, 15:30, 19:2, 21:14 Mark 1:34, 3:10, 5:29, 5:34, 6:5, 6:13 Luke 4:40, 5:15-17, 6:7-10, 6:18-19, 7:7, 8:2, 8:43, 8:47, 9:1-2, 9:6, 9:11, 9:42, 10:9, 13:14, 14:3-4, 17:15, 22:51 John 4:47, 11:43, 12:40</p> <p><i>Feeding the Hungry</i> Matthew 15:32-38, 25:42 Mark 8:2-8</p>
<b>Emotional</b>	<b>Relational</b>
<p><i>Anger</i> Matthew 5:22</p> <p><i>Fear</i> Matthew 8:26, 10:26-31, 14:27, 17:7, 28:10 Mark 4:40, 5:36, 6:50 Luke 5:10, 8:50, 12:4, 12:7, 12:32 John 6:20, 12:15, 14:27</p> <p><i>Worry</i> Matthew 6:34, 6:25-34, 10:19 Mark 4:19, 13:11 Luke 12:22-29, 24:38 John 14:1</p> <p><i>Peace</i> Mark 5:34, 9:50 Luke 7:50, 8:48, 24:36 John 14:27, 16:33, 20:19, 20:21, 20:26</p>	<p><i>Confrontation</i> Matthew 23:33, 26:40</p> <p><i>Reconciliation</i> Matthew 5:23-26, 18:15-17</p> <p><i>Service, Charity</i> Matthew 5:42, 6:3-4, 19:21, 23:11, 25:34-36</p> <p><i>Humility (or Lack Thereof)</i> Matthew 20:26-28, 23:12, 23:25-29</p> <p><i>Love</i> Matthew 5:43-44, 19:18, 22:39</p> <p><i>Forgiveness</i> Matthew 6:14-15, 18:23-35</p> <p><i>Self-Righteousness</i> Matthew 7:1-5</p> <p><i>Careless Words</i> Matthew 12:36-37, 15:11</p>

## Quotes

“Without knowledge of self there is no knowledge of God.”

— John Calvin | *Institutes of the Christian Religion*, Book One

“The loud, boisterous noises of the world make us deaf to the soft, gentle, and loving voice of God. A Christian leader is called to help people to hear that voice and so be comforted and consoled. ... Much Christian leadership is exercised by people who do not know how to develop healthy, intimate relationships and have opted for power and control instead. Many Christian empire-builders have been people unable to give and receive love.... If there is any focus that the Christian leader of the future will need, it is the discipline of dwelling in the presence of the One who keeps asking us, ‘Do you love me? Do you love me? Do you love me?’”

— Henri Nouwen | *In the Name of Jesus*

“The overall health of any church or ministry depends primarily on the emotional and spiritual health of its leadership. In fact, the key to successful spiritual leadership has much more to do with the leader’s internal life than with the leader’s expertise, gifts and experience.”

— Peter Scazzero | *The Emotionally Healthy Church*

“You are your stories. No one’s story exists alone. They have shaped how you see yourself, the world, and your place in it. If your present life story is broken or diseased, it can be made well. Or, if necessary, it can be replaced by a story that has a plot worth living.... If I now know, or think I know, that some of those stories were distortions, or unfair, or covered up evil, that is only because I kept listening, discovering other stories that should have been told me before. The best antidote to incomplete or faulty stories is more stories from different tellers.”

— Daniel Taylor | *Tell Me A Story*

“It is nearly impossible to feel someone’s pain if we don’t know that person’s story. Similarly, it is impossible to enter the pain of our own life unless we know our own story.”

— Dan Allender | *To Be Told*

“Releasing the power of God through our lives into the hearts and souls of others requires that we both *understand* and *enter into* a kind of relation that only the gospel makes possible, a kind of relating that I call *connecting*. This kind of relating depends entirely on deep fellowship with Christ and then spills over on to other people with the power to change their lives. The power to meaningfully change lives depends not on advice, though counsel and rebuke play a part; not on insight, though self-awareness that disrupts complacency and points toward new understanding is important; but on connecting, on bringing two people into an experience of shared life. We make a serious mistake when we substitute moralism for connection. When we think that pressuring people to do what’s right will promote good change, we aren’t concerned with connection with people.”

— Larry Crabb | *Connecting*