

Hey Friends!

We had a great time learning God helps us! Today we heard the story of Joshua from the Bible. God told Joshua and his people to march around the walls of Jericho. Joshua obeyed and the walls fell down. Remember, God helps you. Enjoy the fun activity below.



Family Activity: Making an Instrument

- 1 Read the story of Joshua from a children's Bible, such as *The Beginner's Bible* (Joshua 5:13-6:27).
- 2 Talk with your child about how Joshua and God's people obeyed God by playing instruments and marching around a great big wall. Ask your child to tell you what happened when the people marched around the wall.
- 3 Say, "let's make an instrument and pretend to be people marching!"
- 4 Make a shaker bag instrument with your child using a small paper lunch bag. Let your child decorate the bag with crayons, markers, or stickers. Open the bag and put a handful of dried beans, rice, or cereal in it. Close the open end of the bag by taping it securely. Let your child shake the bag to make sounds.
- 5 Tell your child to shake the instrument while marching around your house. Your child can march in the following ways: march with instruments raised high, march from one wall to the other, or march quietly.
- 6 Together repeat the truth of the day with the motions your child learned. **God (point up) helps me (point thumbs at yourself).**
- 7 Pray with your child and thank God for helping us.